



Breast x-rays are women's business

Are breast x-rays free?

Yes, breast screening is government funded to give you a free breast x-ray every 2 years if you are 50 years of age or older. However women over 40 will be screened if they call.

Why is having a breast x-ray a good idea?

A breast x-ray (or mammogram) can't stop you from getting breast cancer, but it can find problems while they are still very small, before you or your doctor would notice anything was wrong. If breast cancer is found while it is still small, then it has the best chance of being removed and cured.

Am I at risk?

About 1 in 11 women in NSW gets breast cancer. Most of these women are over 50.

How does it feel?

Some women can find it uncomfortable. The pressing only lasts for a few seconds while the x-ray is taken. This doesn't damage your breast.

Is the x-ray safe?

Yes! With our modern machinery the amount of radiation to the breast is very, very low.

What happens when I have a breast x-ray?

You will be welcomed by our friendly receptionist, asked to fill in a form and then shown into a private change room where you undress to the waist. A female member of staff (radiographer) will take your breast x-ray.

Each breast is placed on the special x-ray machine. To get the best pictures, the breast is pressed between two plates and the film is quickly taken.

If you are a Koori or Murri woman over 50 (women over 40 will be screened if they call)

Call BreastScreen

13 20 50

or ask your local health worker for more information