



A team of specialists at the assessment centre will guide you through your visit. They understand the anxiety you may be feeling and aim to provide a timely result.

Screening centres are available at over 200 locations throughout NSW.

Simply call

13 20 50

for your free appointment at the BreastScreen NSW centre nearest you.

We look forward to your call.

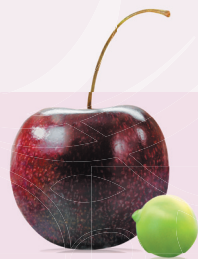
For the assistance of an interpreter call:

13 14 50

For further information about

BreastScreen NSW visit:

www.bsnsw.org.au



A screening mammogram can find cancers when they are as small as a pea. Without screening, cancers are more likely to be noticed or felt when they are much more advanced - at around the size of a small cherry.

YOUR ASSESSMENT CLINIC VISIT



This brochure provides some information about what happens now that you have been asked back for further tests.

Why have I been asked to come back?

About 1 in 20 women may be asked to come back for further tests. This is because there is an area on their screening mammogram (breast x-ray) that needs further investigation.

It's important to remember that most women (about 9 out of 10) who are recalled will be reassured that they do not have breast cancer.

Where will I go for further tests?

You will be asked to come to a BreastScreen NSW Assessment Centre, which might not be at the same place where you had your screening mammogram.

Details of where to go and what to do will be explained to you over the phone, or in the letter asking you to return for further tests.

The assessment centres are clinics where specialists in breast health work together as a team to assess whether or not women have breast cancer. At BreastScreen NSW, any tests required for further assessment are free of charge.

You are very welcome to bring a family member or a friend with you to the assessment centre when you have your further tests.

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How long will the tests take?

The tests at the assessment centre could take from two to four hours to complete. However, this may be longer in some cases, so please leave plenty of time for your appointment. We can provide you with a work certificate if required.

Who can I talk to?

If you would like further information, you can call the assessment centre you have been recalled to and talk to the counsellor.

Please also let us know if you want us to arrange for an interpreter to be present.

What further tests may I need?

One or more tests may be used during an assessment. The tests you require will depend on the results of your screening mammogram and the type of changes that have been noticed.

Our doctors and counsellors will answer any questions that you may have, so please feel free to ask them.

Information about the sort of assessment tests we provide is given below:

- **Further breast x-rays**
Additional x-rays of your breast may be needed. These may not be the same as the mammogram we took before, as they will focus on the area of the breast we need to check.
- **Breast ultrasound**
This is a painless test using sound waves to check your breast tissue.
- **Clinical breast examination**
A doctor will check for any changes in the breast that can be seen or felt.
- **Other tests**
After some or all of the above, a small number of women will need other tests such as fine needle aspiration or core biopsy. Both tests use a needle to take a small sample of cells and/or tissue from the part of the breast that needs checking.

If you need either of these tests, more information will be given to you at assessment.

When will I get my results?

In most cases you will be told your results on the day of the tests and receive a letter shortly afterwards. However, biopsy results may take three or four days because the cells or tissue sample taken during a biopsy need to be sent to a laboratory to be looked at under a microscope.

If you wish, a copy of your results can also be sent to your doctor.

It's important to remember that most women who are recalled will be reassured that they do not have breast cancer.

What happens after my assessment?

It's important to remember that most women (about 9 out of 10) who are recalled will be reassured that their breasts are normal.

If you are aged 50 to 69 years, you will be asked to come back for a routine screening mammogram and a reminder letter will be sent to you in two years time.

A reminder letter will not be sent to women aged between 40 to 49 or 70 years and over but they are welcome to ring for an appointment when their next screening mammogram is due.

Depending on your test results, you may be asked to come back before the two year period, but we will let you know if this is the case.

If you are aged 50 to 69 years, you will be asked to come back for a routine screening mammogram and a reminder letter will be sent to you in two years time.