



Request for a free screening mammogram

for women aged 50–74 years

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13 20 50

breastscreen.nsw.gov.au

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The facts

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Risk

Women in NSW currently have a 1 in 7 risk of developing breast cancer in their lifetime. The biggest risk factors for breast cancer are being a woman and being over 50 years of age.

Early detection

Early detection offers women a better chance of successful treatment and recovery. Mammograms can detect smaller cancers than a physical examination.

Eligibility

Women aged 50 to 74 years

BreastScreen NSW actively encourages asymptomatic 'well' women aged 50 to 74 years to have a free screening mammogram every two years. Screening mammograms have been shown to be of significant benefit, in terms of deaths prevented, for women in this age group.

Women aged 40 to 49 years

Free screening mammograms at BreastScreen NSW are available to women aged between 40 and 49 years who wish to attend. However, the latest evidence does not justify a national mammographic screening program which would actively recruit women in this age group.

Women aged 75 years and older

BreastScreen NSW provides free screening mammograms to women aged 75 years and older. While screening is of benefit, women in this age group may have other health priorities.

What about women with symptoms?

BreastScreen NSW is for asymptomatic 'well' women with no signs of breast cancer. If a woman has an unusual change in her breast such as a lump, pain or nipple discharge, she should be examined by her general practitioner and referred for a diagnostic mammogram if required.

For more information about screening versus diagnostic mammography, visit breastscreen.nsw.gov.au.



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**20 minutes every 2 years
could save your life**

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1 in 7 women will develop breast cancer by the age of 85.

The biggest risk factors for breast cancer are being a woman and being over 50 years of age.

Finding breast cancer early improves survival. Screening mammography can detect smaller cancers than a physical examination.

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Patient's name

Visit breastscreen.nsw.gov.au or call 13 20 50 to book your free screening mammogram.

(Insert medical practitioner's details or stamp)

Name

Practice

Address

Telephone

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Comments
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Signature

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Date



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BreastScreen NSW clinics are listed below, and BreastScreen NSW mobile units visit a further 180 sites across the state. To book your free screening mammogram at your closest location, visit www.breastscreen.nsw.gov.au or call 13 20 50.

Sydney metro

Auburn
Bankstown
Blacktown
Bondi Junction
Brookvale
Campbelltown
Camperdown
Campsie
Castle Hill
Charmhaven
Croydon
Erina
Hornsby
Katoomba
Kogarah
Liverpool
Miranda
Mt Druitt
Parramatta
Penrith
Randwick
St Leonards
Sydney CBD
Wahroonga

Regional NSW

Albury
Bathurst
Bega
Bowral
Broken Hill
Coffs Harbour
Dubbo
Griffith
Lismore
Moruya
Newcastle (Waratah)
Nowra
Orange
Port Macquarie
Queanbeyan
Shellharbour (Blackbutt)
Tamworth
Tweed Heads
Wagga Wagga
Ulladulla
Wollongong

For interpreter
assistance
call 13 14 50



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